



Patient Label

Maternal Child Health Safety Guidelines

The Maternal Child Health (MCH) staff want your and your baby's stay with us to be as memorable and safe as possible. For this reason, we are providing you with an information sheet of safety tips called **"What Parents Need to Know."** This information will help you to identify those persons authorized to care for your baby and to know your responsibilities for safeguarding your baby.

1. NEVER allow anyone except MCH staff to take your baby out of your room. MCH staff can be identified by the Carteret Health Care (CHC) ID badges they wear. Only MCH staff have an image of a stork and baby located on their CHC ID badges and a pink board around their photo. MCH staff will check your bracelets whenever you and your baby are separated and reunited.
2. Your baby will be monitored by the hospital security system via one of the baby's ankle bracelets – the one with the small yellow disc. If at any time your baby is removed from a secure area, an alarm will be activated, initiating our security policy. Please notify the staff if your baby's bracelet falls off or if you have concerns regarding your baby's bracelet. **DO NOT REMOVE YOUR BABY'S SECURITY BRACELET** or transport your baby out of the Brady Birthing Center.
3. Your baby will always be transported via bassinet by MCH staff or a caregiver wearing an identification band without stopping in halls, waiting areas, or other patient rooms. For your baby's safety, please do not walk in hallways with your baby in your arms.
4. At Carteret Health Care we practice rooming-in with your baby to promote bonding.
5. Do not sleep with your baby in the bed or in a chair. This places the baby at risk for Sudden Infant Death Syndrome (SIDS), suffocation, and/or injury due to a fall.
6. Feel free to question anyone who comes into your room requesting to handle or take your baby. Alert the nurses' station if you have any doubt.
7. MCH is a locked unit to keep our babies safe. A video phone is provided for entry onto the unit. The video phone is located on the wall in the waiting room. Please follow our guidelines when attempting to gain entry into the unit – **DO NOT** let other visitors through the door; if we do not answer immediately, we are caring for your loved ones. Please be patient!

VISITOR POLICY

Visitation restrictions are subject to change due to seasonal respiratory virus influx, regulatory agency requirements, and CDC guidelines. Upon arrival to the Brady Birthing Center you will be informed of the current rules regarding visitation for your stay here. Please know that these regulations are never taken lightly and are always to ensure the best care and safety for our patients and their visitors. Remember, half our patient population are newborn babies and their immune systems are not as well developed as everyone else's!



M. MOTHBAEY



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A couple of areas to note are:

- A. The visitor you select will be given the other infant ID band that will match yours and your baby's infant ID bands during this stay, and will also be the only other person allowed to stay with the infant if you were to leave the hospital upon discharge.
- B. **You are allowed one support person during active labor, additional visitors may be allowed based on current visitor guidelines.** To ensure patient confidentiality and privacy there will be absolutely no loitering in the hallways.
- C. No visitors with the following conditions will be permitted to visit:
 - Fever
 - Diarrhea
 - Active colds or upper respiratory infections
 - Strep throat
 - Rash with a history of illness
 - Covid-19 signs and symptoms and/or recent positive test
- D. No visitors under the age of 15. Healthy siblings of the newborn, will be permitted to visit while the newborn is in mom's room. No children will be allowed in the nursery. This may change at any time due to CHC current visitation guidelines.
- E. All visitors will be instructed to perform hand hygiene before handling an infant or infant care supplies.
- F. Unless otherwise posted, the **cafeteria, java shop, gift shop, and other areas of the hospital are open to visitors.**

I have read the above "Maternal Child Health Safety Guidelines" and "Visitor Policy" and my questions have been answered.

Signature Date _____ Mother's

Witness Signature Date _____

Badge Holder Signature (if used) Badge # _____ Date _____

