

Summary of Employee Benefits

Benefit	Who's Eligible	Who Pays	Effective Date	Benefit Summary	
Paid Time Off (PTO)	Regular FT employees w/ benefits	СНС	1 st day of work for holidays After 6 months for vacation or sick leave	1-12 months - 20 days/yr 1-3 years - 23 days/yr 4-9 years - 28 days/yr 10-14 years - 30 days/yr	
				15+ years - 33 days/yr	
Paid Time Off (PTO)	Regular PT employees w/ benefits	СНС	1 st day of work for holidays After 6 months for vacation or sick leave	1-12 months -10 days/yr 1-3 years - 11.5 days/yr 4-9 years - 14 days/yr	
			vacation of sick leave	10-14 years - 15 days/yr 15+ years - 16.5 days/yr	
Medical Insurance* MedCost	Regular FT & PT employees w/ benefits	CHC & Emp.	1 st of the month after 60 days	Carteret Health Care offers two (2) options to choose from for health insurance:	
				 Plan B features a \$1000 deductible an \$15/\$50 co-pays Plan C is a high deductible health plan with a health savings account. *Includes an Employer Contribution Full Time Premium: 	
				Plan B Plan C Emp Only \$80.49 \$66.95 Emp + Sp \$223.36 \$193.44 Emp + Child(ren) \$176.41 \$144.07 Family \$278.68 \$249.56	
				*Bi-weekly rates *\$50 bi-weekly surcharge on Plan B for PT	
Dental Insurance* MedCost	Regular FT & PT employees w/ benefits	Employee	1 st of the month after 90 days	Diagnostic & Preventative- 100% Basic Care- 80% after \$25 deductible Major Care after 6 months at 50%	
				Base Buy Up Emp Only \$18.00 \$20.17 Emp + Sp \$41.49 \$46.49 Emp + Child(ren) \$37.51 \$42.03 Family \$60.31 \$67.56	
Vision Insurance* Community Eye Care	Regular FT & PT employees w/ benefits	Employee	1 st of the month after 90 days	*Bi-weekly rates No co-pay for in-network eye exam No co-pay on materials Eyewear allowance up to \$150 Emp Only \$3.72 \$5.62 Emp +1 \$7.30 \$10.90 Family \$10.96 \$16.04	
				*Bi-weekly rates	
Flex Spending Account	Regular FT & PT employees w/ benefits	Employee	1 st of the month after 60 days	Predetermined amount of pre-tax dollars withheld from an employee's check to pay for qualified health care/dependent care expenses	
Basic Life & AD&D	Regular FT & PT employees w/ benefits	СНС	1 st of the month after 90 days	Exec: Two (2) times annual salary Staff: One (1) times annual salary	
Short Term Disability	Regular FT & PT employees w/ benefits	Employee	1 st of the month after 90 days	60% of base salary	
Long Term Disability	Regular FT & PT employees w/ benefits	СНС	1 st of the month after 90 days	60% of base salary	
Money Purchase Pension Plan	Employed for 1 plan year with 1,000 hours of service	СНС	3 year graded vesting schedule	A contribution equal to 4% of your annual base salary each year of creditable service	
Retirement Plan	All Employees	CHC & Emp.	1 st pay period	403b tax-deferred retirement account 2% company match—Roth option available	
Aflac Cancer, Accident, & Critical Illness Insurance	Regular FT & PT employees w/ benefits	Employee	1 st of the month after 90 days	Individual and family plans available	
Group Term Life	Regular FT & PT employees w/ benefits	Employee	1 st of the month after 90 days	Supplemental life insurance is available for you and your dependents	
Wellness Program	See AllWell for eligibility	CHC & Emp.	90 days	Reimbursable fitness center fees	



This benefit summary provides an overview of the comprehensive benefits package offered by Carteret Health Care. Our competitive benefits are one way that we thank you for all that you bring to our team.

Medical Benefits -

Medcost | www.medcost.com/mymedcost | 800-795-1023

	Plan B		Plan C		
In-Network Benefits	Tier 1 Preferred	Tier 2 Non-Pref.	Tier 1 Preferred	Tier 2 Non-Pref.	
Deductible Individual Family	\$1,000 \$3,000	\$2,000 \$6,000	\$2,000 \$4,000	\$2,500 \$5,000	
Out of Pocket Max Individual Family	\$4,500 \$13,500	\$6,000 \$14,700	\$3,000 \$5,000	\$4,500 \$6,500	
Preventive Care	100%	100%	100%	100%	
Primary Care	\$5 Copay	\$15 Copay	10%	30%	
Specialist	\$30 Copay	\$50 Copay	10%	30%	
Inpatient Hospital	10%	30%	10%	30%	
Urgent Care	N/A	\$75 Copay	N/A	30%	
Emergency Room	10%	30%	10%	30%	
Prescriptions Deductible Tier 1 Tier 2 Tier 3 Tier 4	\$100 retail / waved for mail order \$10 / \$20 mail order 90 day supply \$35 / \$70 mail order 90 day supply \$70 / \$140 mail order 90 day supply 25% to \$250 / N/A		10% After Deductible 10% After Deductible 10% After Deductible 10% After Deductible		

Dental Benefits

Medcost | www.medcost.com/mymedcost | 800-795-1023

Vision Benefits -

Community Eye Care | www.cecvision.com | 888-254-4290

Services	Base Plan	Buy-Up Plan	Services	Eyewear Only	Comprehensive
Deductible Applies to Basic & Major	\$25	\$25	Vision Exam	N/A	Included Annually
Preventive Services Exams, cleanings, x- rays	100%	100%	Evewear	\$150 Allowance	\$150 Allowance
Basic Services Fillings, oral surgery	80%	80%			
Major Services Crowns, inlays/onlays	50%	50% Includes implants	Contact Lens	Included Annually	Included Annually
Annual Maximum	\$1,200	\$2,000	Fitting Refit		
Orthodontia Children Only	Not Covered	50% up to \$2,000 lifetime max.	Evaluation		

BENEFITS AT A GLANCE 2021-2022

Supplemental Health Benefits

Aflac | www.aflac.com | 1-800-992-3522

Accident Insurance	Critical Illness Insurance	Hospital Indemnity	Cancer Insurance
Helps protect you & your family from the unexpected expense of an accident. Common reasons for claims include broken bones, burns, and sports injuries.	y from the unexpected nse of an accident. mon reasons for claims de broken bones, unplanned expenses related to a diagnosis of a covered condition. Benefits paid at diagnosis, treatment, and		Protect your finances from unplanned expenses related to a cancer diagnosis. Benefits paid at diagnosis and for ongoing treatments.
Plan benefits include:	Covered conditions:	Plan benefits include:	Plan benefits paid for:
• Fracture: Up to \$4,000	• Cancer	• Admission: \$500 / \$2,000	Initial Diagnosis
Ambulance: \$100	Heart Attack	• Hospital Stay: \$100/day	Chemotherapy
Concussion: \$200	Stroke and More	• ER Visit: \$100	Immunotherapy

Voluntary Short-Term Disability — Voluntary Life Insurance

Lincoln Financial Group | www.lfg.com | 1-800-423-2765

You have the choice of 3 short-term disability plans based on your employee classification. These plans provide partial income replacement if you are disabled due to an illness or injury. The plans differ in the waiting period before benefits are paid and benefit duration. All plans pay 60% of your base salary up to \$1,500/week.

Optum Bank | www.optumbank.com | 1-800-243-5543

You have the opportunity to save for out-of-pocket health care and dependent care expenses tax-free with a Flexible Spending Account. Health Care FSA funds can be used for medical, dental and vision expenses. Dependent Care FSA funds can be used for expenses including childcare, before or after school programs and elder care.

Flexible Spending Accounts

Financial Benefits –

Lincoln Financial Group | www.lfg.com | 1-800-423-2765

You are also eligible to elect Voluntary Life and AD&D Insurance for yourself and your dependents. Enroll in coverage for yourself up to 6x annual earnings. You may also enroll in coverage for your spouse and children if you elect to cover yourself. Premiums for this plan will be deducted from your paycheck.

Employee Assistance Program

Our Employee Assistance Program, Take Time For You (TTFY), offers confidential resources and referral services and is provided to you at no cost by Carteret Health Care. TTFY is available to help employees and their family members resolve problems that affect their personal lives or their job performance. Up to 4 free sessions per year for Appointments may be made by calling Pamela Munoz, MSW, LCSW at 252-622-9310.

Save for a financially secure future! We are proud to offer a 403(b) Plan with employer match for all employees, a 457 (b) Plan for select employees and a money purchase pension program for employees with at least one year of service.

Employer-Paid Benefits

Carteret Health Care provides all full-time employees with long-term disability insurance and basic life insurance equal to 1x your base annual salary rounded to the next higher \$1,000 at no cost to you.

Contact Human Resources for full benefit plan summaries.

This information is for illustrative purposes only. The text contained in this summary was taken from various plan descriptions and benefit information. While every effort was taken to accurately report your benefits, discrepancies or errors are always possible. In case of discrepancy the actual plan documents will prevail.

