Resources

Local Resources:

Carteret Health Care Cancer Center
https://www.carterethealth.org/cancer-center
Phone: 252-499-6177

Carteret Health Care Hospice
https://www.carterethealth.org/hospice
Phone: 252-499-6081

Cancer Caregiver Support Group
Cancer Center Patient Resource
Room every 4th Wednesday of the month at 1:30pm
Contact: Gail Russell 252-499-6616

Bereavement Support
“A Time to Heal”
1st Tuesday of the month
Meeting Room 4 at the hospital
5:30-7:00pm

“How Healing Hearts”
3rd Tuesday of the month
Meeting Room 4 at the hospital
11am-12:30pm

Questions? Call 252-499-6000 x3041

National Resources:

Caregiver Support
https://caregiveraction.org/

Get Palliative Care
www.getpalliativecare.org

National Hospice and Palliative Care Organization (NHPCO)
www.NHPCO.org

Caring Connections
www.caringinfo.org

Palliative Care Team
Nicole Frost, FNP-BC
Jennifer Joyner, RN
Betsy Lane, RN
Bob Riley, Chaplain

How can you reach us?
In the hospital: ask your nurse or doctor to page us
To reach our Program office:
Phone: 252-499-8250
Fax: 252-499-6927

The generosity of our donors provides enhanced services.
Please consider making a donation to the Palliative Care Program through the Carteret Health Care Foundation at:
www.CarteretFoundation.com

“Nothing can dim the light that shines from within.”
Maya Angelou
What is Palliative Care?

Palliative care is specialized medical care for people with serious illness. Palliative Care enhances physical comfort, emotional and spiritual well-being, and relief from the symptoms and stress of a serious illness. The goal is to improve quality of life for both the patient and the family.

Palliative care at Carteret Health Care is provided by a specially-trained team of a nurse practitioner, nurses, chaplain, and other specialists who work together with a patient’s healthcare team to provide an extra layer of support. It is appropriate at any age and at any stage in a serious illness, and it can be provided along with curative treatment.

How Can Palliative Care Help?

We provide:
- Treatment for symptoms such as pain, shortness of breath, nausea, constipation, loss of appetite, difficulty sleeping, or fatigue.
- Support for emotional or spiritual distress for the patient and family.
- Help with understanding your condition and medical treatment options.
- Information if you need supportive services after leaving the hospital.
- Assistance with completing an Advance Directive (e.g. Living Will or Healthcare Power of Attorney)

Is Palliative Care the same as Hospice?

Simply stated, no. The Palliative Care team at Carteret Health Care works in consult with your attending provider with a patient-centered focus to form treatment goals and promote symptom management. The Palliative Care team is an extra layer of support, and our team coordinates care with your doctors.

Palliative Care can be requested as soon as the first diagnosis of a serious chronic condition is made. Palliative Care can be provided along with curative care or active treatment.

Hospice Care is available to patients that are believed to be in their last 6 months of life. Hospice Care focuses on comfort rather than curative treatment.